

## **PRESS RELEASE**

### **Book: Your Soul Contract Decoded: Discovering the Spiritual Map of Your Life with Numerology**

**Hidden within your birth name is the blueprint for your life – the spiritual map of your life's destiny.**

For the past twenty years, Nicolas David Ngan has been practising, developing and refining a type of spiritual reading called 'Soul Contract Reading' that he learnt during a spiritual workshop in Arizona in 1990. In his new book, *Your Soul Contract Decoded: Discovering the Spiritual map of Your Life with Numerology* (Watkins, April 2013), Ngan reveals the inner workings of this powerful system and shows readers how to decipher their own Soul Contract Reading using just their birth certificate name

According to Ngan, the process begins with converting your full birth certificate name into the equivalent Hebrew phonetic sounds. Each of these sounds has a Hebrew letter and number inherent within it. The numbers are analysed on a Star of David pattern to reveal your karma,/challenges , talents, goals and soul/life purpose.

"Hebrew is a sacred language," says Ngan. "Soul Contract Reading work using Hebrew numerology dates back to biblical times. What I am presenting is a modern update of an ancient practice."

According to Ngan, spiritual seekers are increasingly feeling a strong urge to connect with and manifest their life purpose. "You see it all around you. The financial crisis in particular knocked a lot of people off track. There is a hunger for a tool that helps us better align our lives with our innate strengths and overcome our big life challenges." so as to manifest our true life purpose.

"The soul manifests in two critical areas: physically and spiritually," says Ngan. "The physical aspect of your life relates to your career and relationships while your spiritual aspect relates to discovering and manifesting your spiritual purpose in this lifetime. A Soul Contract Reading also helps you uncover you the karmic patterns you face, the talents you have to overcome them and the goals you are here to achieve. Your Soul Contract reading will place your entire life in a new context and will enable you to navigate it properly for the first time."

Readers who purchase the book will be able to obtain a free conversion of their names to Hebrew numbers on the book's website:[yoursoulcontractdecoded.com](http://yoursoulcontractdecoded.com)

## **About the author**

Nicolas David Ngan developed his profoundly transformative Soul Contract Readings at the Center for Conscious Ascension in conjunction with Dr. Ahlmeirah Ariel Hallaire. They are regarded as world leaders in this field.

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